



STEM-Up Network Presents:

Online

Leadership Development for STEM Women

Specifically designed to develop, retain and advance professional women in SCIENCE, TECHNOLOGY, ENGINEERING and MATHEMATICS.

This three month intensive program combines practical strategies for navigating real world issues through interactive workshops with individual coaching and peer group support, beginning April 2021 and ending June 2021.

A Social Enterprise
Powered By



Want to Build New Skills and Grow Your Network?



Join Us Starting April 9th!

Best for Early and Mid-Career Professionals

Registration: \$1,250.00

Organizations sending 2 or more individuals to the program qualify for discounted fees!

[Register Here](#)

For more information, email:

LMcGahren@HarrisburgU.edu

PROGRAM COMPONENTS

1. **Personalized 1-hour goal setting session** prior to program start
2. Series of **five interactive online workshops** to develop skills
3. **Peer group sessions** to practice and apply skills
4. **Individual coaching sessions** to focus goals and resolve challenges
5. **Networking** to build connections and for community support

ONLINE WORKSHOP SESSIONS | FRIDAYS 12:30 PM—2:30 PM

Productive Conflict & Communication April 9, 2021

- Understand your personal style in conflict situations
- Develop a process for increasing productive responses in conflict
- Improve your results and relationships

Navigating Competing Priorities April 23, 2021

- Understand and align priorities with time
- Manage work skillfully using new tools and processes
- Learn strategies for navigating psychological and structural barriers

Preparing for Successful Negotiations May 14, 2021

- Understand the spectrum of negotiations and develop strategies that build trust
- Identify opportunities to create value in a negotiation
- Understand what is most important when preparing to negotiate anything

Personal Advocacy Skills & Building Influence June 4, 2021

- Learn how to effectively get recognized for your accomplishments
- Understand how to navigate advocacy obstacles and speak up with confidence
- Develop a communication plan for your advocates and mentors

Leading with Emotional Intelligence June 25, 2021

- Understand the basic tenets of emotional intelligence and their impacts
- Learn about emotional resilience and develop a process to increase yours
- Learn emotionally intelligent skills for working in groups